Growing Uptown — your Grow Kit Instructions

1. Seed starter.
   A three-part seed-starter container; this is where the magic happens!

2. Bottom part container.
   To hold the water when you water your seeds and hold space for the plant roots to breathe.

3. Second container layer.
   The container holds the soil and seeds; the holes are to allow the drainage of water.

4. Temperature control.
   Lid with the temperature control wheel. Spin the wheel to allow air through one or all orifices.

5. Five types of seeds.
   We include rosemary, beets, basil, cilantro, and onion seeds.

6. Planting from seed.
   Use the scoop-trowel to add potting soil to the container.

7. Create seed holes.
   Use your finger to poke a half an inch hole in the soil.

8. Seed starter ready.
   The seed-starter container is ready to add seeds.

Follow these simple instructions, and you’ll have a successful veggie/herb garden in no time! Please, follow us on social media and our website dyckmanfarmhouse.org/programs/growing-uppage for video instructions and recipes!
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9 Add your seeds.  Add three to five seeds per hole.

10 Seed starter ready.  Gently cover the seeds with soil; keep the soil fluffy.

11 Water your seeds.  Gently, use a mist spray water bottle to wet the soil.

12 Label your seed tags.  Use a permanent marker to label your seeds.

13 Install your light.  Clamp the grow light on a surface, preferably next to a window.

14 Plug it and turn it on.  Press the power button; it will light a red light around the button. A blue light indicates the light is off.

15 Light levels and timer.  Set the top button to the brightest level; there are nine settings. The second button to set the lights on red. The third button, to 12 hours.

16 Ready!  Let light and moist do the job; you should start seeing plant growth six to eight days later.

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1. Grow bag starter.
Gather your Grow bag, soil, and the scoop trolling to start. The 7-gallon bag is meant for onions and beets; the 2-gallon bag for herbs.

2. Fill in your Grow bag.
Use the scoop-trowel to add potting soil to the Grow bag. Fill it in 6-inches to the top, and fold in the last inch.

3. Poke holes to plant.
Planting layout to grow your onions and herbs. Poke one middle-hole for beets 3/4 of an inch deep.

4. Your seeds.
From left to right, basil, rosemary, cilantro, onion, and beet seeds.

5. Seeds in the soil!
Gently, place a few seeds in the hole.

6. Cover your seeds.
Gently cover your seeds with soil using your index finger.

7. Water your seeds.
Use a mist water spray or a bottle with a narrow mouth to water the soil gently. Water daily.

8. Place by sunlight.
Place your Grow bag near a window or in your firescape.

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