

TRAVELING KITCHEN



No Bake Cacao Maca Cookies

Ingredients

- 1/2 cup cacao powder*
- 1 1/2 cups almond flour*
- 1/2 coconut oil melted and cooled*
- 1/3 cup maple syrup or honey*
- 1 tablespoon maca powder*
- 1/4 teaspoon Himalayan or regular sea salt*
- 1 teaspoon pure vanilla extract*

Tools

- medium bowl*
- parchment paper*
- container to store in freezer*
- cookie cutter or champagne flute*
- rolling pin*
- flat surface or board*

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Raw Maca~Avocado Cacao Truffles

Ingredients

1 avocado

1/4 cup + 1 tablespoon cacao powder

2 tablespoons date paste

2 tablespoons coconut oil

1 tablespoon maca powder

pinch of Himalayan salt or regular salt

cacao powder

cacao nibs

unsweetened shredded coconut

Tools

food processor or blender

flat surface or board

storage container

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Maca Energy Bites

Ingredients

- 1/2 cup raw pepitas or pumpkin seeds*
- 1/2 cup raw sunflower seeds*
- 1/2 cup raw pistachios*
- 1 tablespoon maca powder*
- 1 tablespoon chia seeds*
- 10 medjool dates (pits removed) or regular dates*
- 1/2 teaspoon sea salt*
- 1 to 3 tablespoon water*

Tools

- food processor or blender*
- flat surface or board*
- storage container*