

The American Plate: Race, Place, Taste and the Future of Food Equity

Presented by: *Ora Kemp, MPH, Director of Nutrition, NY Common Pantry*

A description of your talk: Sowed from seeds of fertile grounds, sweat drenched brows and broken backs, the flavors of the American plate are seasoned with slavery's bitterness. Salted with segregation and smoked in stacks of racial injustice, the hunger pangs that linger in the gut of black and brown folks has fully grown into an insatiable desire for change. The future of food equity will not be one carved by the unsavory nature of our past, but inspired by the diversity of our people and the places and spaces that shape and nurture us. Join us as we explore the American plate and the flavors that define the future of food equity.

About the Presenter: Equity advocate and social change agent, Ora Kemp is the Director of Nutrition for NY Common Pantry's Live Healthy! team. She strives to blend scientific findings and social application to facilitate community development, committed to removing barriers to health and building sustainable resilience. She seeks opportunities to connect people with necessary resources and education; tools bolstered through promoting dignity and supporting self-sufficiency. Through her work leading the direct education and food equity teams, they work as agents of change, dedicated to the equitable access to real food for all people.

Stay Connected: *Insta: @thebodegabites TikTok: @thebodegabites Website: OraKemp.com*

Presentation: *Race, Place, Taste and the Future of Food Equity*

Key Sections

- American as Apple Pie
- The Tenets of White Supremacist Culture
- White Supremacy Culture in Practice
- Food Access through Statistics
- Setting the Table for a Future of Food Equity

Sources

- Framework for [White Supremacy Culture](#) within Organizations
- Measuring the impact of gentrification on [food security](#)
 - [Article](#)
- Comparing household and individual measures for access
 - [Article](#)
- Land Acknowledgement [Maps](#)
- Books Worth Reading
 - *High on the Hog*, Jessica B Morris
 - *The American Plate: A Culinary History in 100 Bites*, Libby O'Connell
 - *Food Politics: How the Food Industry Influences Nutrition and Health*, Marion Nestle
 - *The Color of Law: A Forgotten History of How Our Government Segregated America*, Richard Rothstein
 - *The Book of Spice: From Anise to Zedoary*, John O'Connell
 - *The Delectable Negro: Human Consumption and Homoeroticism within U.S. Slave Culture*, Vincent Woodard
 - *The Cooking Gene: A Journey Through African American Culinary History in the Old South*, Michael W. Twitty